Taking Charge of Your Child's Care Plan During COVID-19

Prepare Your "Go Bag"

Families who have children with special health care needs or who care for loved ones with a disability need to be prepared for any emergency. Ohio Family to Family created this simple list of items to have in your "Go Bag" (to have ready to grab, and go!):

- ✓ A comfort item for your loved one (e.g. family photo, book, blanket, stuffed animal, etc.)
- ✓ Your loved one's device(s) (e.g. communication device, cell phone, charger, etc.)
- ✓ Identification document and health insurance information for you and your loved one.
- ✓ My Health Passport: http://flfcic.fmhi.usf.edu/docs/FCIC_Health_Passport_Form_Typeable_English.pdf
- ✓ Advanced Directives, such as Power of Attorney, Signed & Notarized https://www.ohiobar.org/globalassets/home/member-benefits/practice-management-tools-and-services/advance-directives.pdf
- ✓ COVID-19 Disability Form for Ohio https://cpb-us-e1.wpmucdn.com/you.stonybrook.edu/dist/a/4436/files/2020/04/COVID-19-Form_OH_Fill.pdf
- ✓ Safeguard Against Disability Discrimination During COVID-19 https://www.ucucedd.org/wp-content/uploads/2020/04/Center-for-Dignity-in-Health-Care-fact-sheet-on-rights-for-people-with-disabilities.pdf

Remember: You are NOT a visitor. You are a support person for your loved one. You have a vital role in helping the medical team and the person communicate and provide/get the best medical care with the best health outcomes.

If you feel **your rights or the rights of your loved one are being violated** in healthcare settings during COVID-19 or any other medical emergency, please contact:
Disability Rights Ohio: 614-466-7264 or 1-800-282-9181, press option 2.

Contact Us
Ohio Family to Family Health Information Center
www.ohiof2f.org. Phone: 844-644-6323. Email: ohiof2f@cchmc.org

Cincinnati Children's changing the outcome together | University of Cincinnati | UCCEDD/LEND University of Cincinnati Center for Excellence in Developmental Disabilities Leadership Education in Neurodevelopmental and related Disabilities | OHIO Family to Family | OHIO P2P Ohio Parent to Parent Statewide Mentoring & Support Program